



Zhongye Foods (Dalian) Co., Ltd.

17-2-1, Liandong Road, Advanced Equipment Manufacturing Park, Economic and Technological Development Zone, Dalian City, Liaoning Province, China

Vegetable Salad Recipe

Ingredients

- ◆ Lettuce: 100g
- ◆ Purple cabbage: 50g
- ◆ Chicory: 50g
- ◆ Cucumber: 5g
- ◆ Tomato: 5g
- ◆ Carrots: 50g
- ◆ Boiled egg: 1
- ◆ Ham: 5g
- ◆ Yinghok Japanese Vinaigrette: 900-1000g

Instructions

1. Ingredient Preparation

Wash the iceberg lettuce, red cabbage, and endive thoroughly: tear the iceberg lettuce and endive into bite-sized pieces, and chop the red cabbage into thin sections. Peel and cut the carrot into shreds or thin strips; slice the cucumber and tomato into small pieces. Cut the hard-boiled egg in half (or quarters, as preferred). Prepare an appropriate amount of sliced ham.

2. Plating & Serving

Arrange all prepared ingredients on a plate or bowl. Drizzle the mixed salad dressing over the ingredients, then toss gently to coat evenly.

Email: info@yinghok.com ; WhatsApp: 8613998542870

www.yinghok.com